

NEW YEAR INTENTIONS

Theme word for 2019.

3 core values I will strengthen in 2019 and how.

One thing I will do for ME TIME in 2019.

3 ways I will fulfill my life purpose in 2019.

One thing I will let go of in 2019.



One thing I want to learn in 2019.

3 WOW experiences I will create in 2019.

One courageous moment I will make in 2019.

Dreams I will create for myself (CORE), my relationships (CIRCLE) and my career / community (CONTRIBUTION) in 2019.

One thing I will explore in 2019.



One new connection I will make in 2019.

