



CREATING A CULTURE OF BELONGING



A 75-year Harvard study discovered that the secret to leading a fulfilling life is the presence of quality relationships. Human beings are wired for social connections. While we innately know and feel this, companies struggle to create environments where people feel they can show up as their true self. The pressure to be someone else at work then develops an energy that is draining and overwhelming. Studies show that workplaces that foster psychological safety increase creativity, innovation and meaningful human connections. When we are connected, we then feel a sense of belonging.

Learn how to create a culture of belonging in this interactive session.

LEARNING OBJECTIVES:

- Understand the significance and difference between diversity, inclusion and belonging
- Become more conscious of our unconscious bias
- Learn how the brain works using emotional intelligence
- Hear how other global companies are creating cultures of belonging
- Develop personal and team strategies on how to create cultures of belonging and connection