

NEW YEAR INTENTIONS

Theme word for the new year.

3 core values I will strengthen in the new year and how.

One thing I will do for ME TIME in the new year.

3 ways I will fulfill my life purpose in the new year.

One thing I will let go of in the new year.



One thing I want to learn in the new year.

3 WOW experiences I will create in the new year.

One courageous moment I will make in the new year.

Dreams I will create for myself (CORE), my relationships (CIRCLE) and my career / community (CONTRIBUTION) in the new year.

One thing I will explore in the new year.



One new connection I will make in the new year.

